



Ted's

BAR & GRILL

FOOD HOURS
 Mon-Thurs / 11am-9pm
 Fri-Sun / 11am-10pm

*Après every Saturday &
 Holidays from 3pm-5pm*

STARTERS & SHARES

NACHOS ^{GF} / \$25.99

Corn tortilla chips topped with cheese, peppers, onions, olives, black beans, corn and jalapeños. Served with salsa and sour cream.
 + Add guacamole \$3.99 + Add marinated chicken \$6.99

CHICKEN WINGS ^{GF} / \$19.99

Crispy chicken wings. Your choice of blue cheese buffalo sauce, Maldon salt and cracked black pepper, Tequila lime, or Asian BBQ. Served with ranch or blue cheese dip.

ONION RING BASKET ^{VEG} / \$13.99

Crunchy onion rings served with chipotle Dijon to dip.

FRIED PICKLES ^{VEG} / \$13.99

Crispy fried dill pickles served with ranch sauce to dip.

MEDITERRANEAN DIPS ^{GF} ^{VEG} / \$15.99

Garlicky hummus, creamy tzatziki, tangy feta and red pepper dips, served with olives and grilled pita.

^V = vegan

^{VEG} = vegetarian

^{GF} = gluten free

SOUPS & SALADS



SOUP OF THE DAY / Bowl \$9.99 Cup \$6.99

Freshly prepared in our kitchen. Bowls served with a scone.

WINTER LENTIL SOUP ^{GF} ^V / Bowl \$9.99 Cup \$6.99

Slow cooked brown lentils with tomato, kale and curry spices.

SMOKEY MOUNTAIN CHILI ^{GF} ^V / Meal \$12.99 Cup \$8.99

A mountain favorite! Homemade smoked chili topped with shredded cheese and sour cream. Served with a scone.

Both beef and vegetarian options available, please specify.

SALISH SEA CLAM CHOWDER / Meal \$18.99 Cup \$8.99

Tomatoes, vodka, clams, potatoes and old bay seasoning.

BIG MOUNTAIN SALAD ^{GF} ^V / \$18.99

Greens, chickpeas, tomatoes, cucumbers, sweet potato crisps, seeds and lemon za'atar vinaigrette.

CEASAR SALAD / Meal \$16.99 Starter \$9.99

Crisp romaine leaves, parmesan cheese, herb croutons, and a creamy garlic dressing.

FAVOURITES

SKIER'S STEW / \$20.99

Slow braised beef, dark beer, root vegetables, tomatoes and mushrooms. A favourite after a long day on the mountain!

CHICKEN TENDERS & FRIES / \$17.99

Fried golden brown and crispy. Served with honey mustard dipping sauce.

MEDITERRANEAN PLATTER ^{GF} ^{VEG} / \$22.99

Garlicky hummus, creamy tzatziki, tangy feta and red pepper dips, with grilled chicken skewers, falafel, olives and warm pita. *Perfect for sharing!*

FISH & CHIPS / \$23.99

Battered and fried 8oz Pacific white fish, served with coleslaw and tartar sauce.

+ Add an 8oz piece of fish for \$11.99

QUESADILLA OF THE DAY / \$18.99

Please see the specials board.



FRIES

FRENCH FRY BASKET ^{GF} ^V / Reg \$11.99 Side \$5.99

Mountain of golden seasoned fries.

+ Add gravy \$3.50

CHILI CHEESE FRIES / Reg \$16.99, Platter \$20.99

Crispy fries loaded with shredded cheese, our home-made chili. Topped with a dollop of sour cream and shredded cheese.

DIRTY FRIES / Reg \$14.99, Platter \$18.99

Bacon, cheese, green onions, pickled jalapeños, and ranch dressing.

CLASSIC POUTINE / Reg \$14.99 Platter \$18.99

Golden fries loaded with cheese curds and gravy.

+ Add pulled pork \$3.99

DESSERT

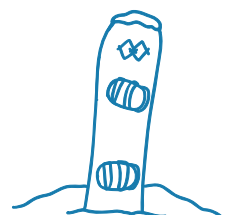
Available after 5pm

SALTED CARAMEL PRETZEL BROWNIE ^{VEG} / \$9.99

Warm brownie served with ice cream and drizzled with chocolate and caramel sauce.

NEW YORK CHEESECAKE ^{VEG} / \$9.99

Topped with a cranberry orange coulis.



BURGERS WRAPS & HANDHELDS



Handhelds are served with your choice of fries, salad, soup.
Upgrade to poutine or onion rings for \$3.
Gluten free bun available.

TED'S BURGER / \$22.99

Beef chuck patty topped with bacon and smoked cheddar. Finished with onion rings, special sauce, lettuce, tomato, and a pickle.

CLASSIC BURGER / \$16.99

Beef chuck patty with lettuce, tomato, pickle, and special sauce.

CRISPY CHICKEN BURGER / \$17.99

Buttermilk fried chicken with pickles and spicy sauce.

HEBREW NATIONAL HOT DOG / \$12.99

Classic Grilled all beef hot dog.
+ Add chili & cheese \$3.99

FALAFEL WRAP ^{VEG} / \$16.99

Crispy chickpea fritters, tzatziki, hummus, tomatoes, onions and lettuce.

PULLED PORK SANDWICH / \$16.99

House-smoked pulled pork with slaw and BBQ sauce.

KID'S MENU

CHEESE PIZZA ^{VEG} / \$11.99

Tomato sauce and mixed cheese on flatbread.

CHICKEN TENDERS / \$11.99

Served with fries and plum sauce.

PIC PLATE / \$12.99

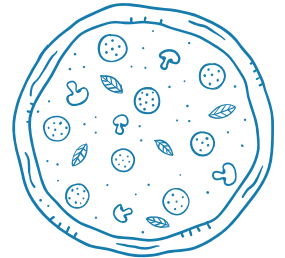
Veggies and dip, cheese, sausage and grilled flatbread.

CLASSIC HOT DOG / \$7.99

Classic grilled all beef hot dog.

PIZZA

Available after 3pm



PEPPERONI / \$27.99

Pepperoni, oregano, tomato sauce and, of course, cheese!

HAWAIIAN / \$27.99

Ham, pineapple, banana peppers, red onion, tomato sauce and cheese.

PESTO ^{VEG} / \$26.99

Basil pesto, mozzarella, tomato sauce, olive oil.

BIANCO / \$29.99

Bacon, red onion, bechamel, mozzarella & parmesan.

DAILY PIZZA FEATURE / \$30.99

Ask your server about the daily pie special!

EVENTS

Weekly favourite events in Ted's!

THURSDAYS

Music Bingo 7pm-9pm

SATURDAYS & HOLIDAYS

Après music from 3pm-5pm

Visit mountwashington.ca/events
or scan here for more:



Join
us for
Après!

PLANT BASED

All items below are vegan!

WINTER LENTIL SOUP ^{GF} ^V / Bowl \$9.99 Cup \$6.99

Slow cooked brown lentils, tomato, kale and warm curry spices.

CAULIFLOWER WINGS ^V / \$14.99

Served with vegan sweet chili mayo.

TEMPURA GREEN BEANS ^V / \$14.99

Crispy green beans with vegan ranch dip.

IMPOSSIBLE BURGER ^V / \$18.99

Lettuce, tomato, pickle, vegan mayo and vegan cheese.
Served with fries. Upgrade to house salad for \$3

BIG MOUNTAIN SALAD ^{GF} ^V / \$18.99

Greens, chickpeas, tomatoes, cucumbers, sweet potato crisps, seeds and lemon za'atar vinaigrette.

12" PIZZA ^{GF} ^V / \$21.99

Cauliflower crust, roasted peppers, olives, artichokes, tomato sauce and vegan cheese.

